ᑎᖑᒡᓗᖕᓂᖅ B | Hepatitis B

ᖁᓪᓕᖅ ᐃᓄᐃᑦ ᐅᖁᔾᔪᑎᖓ ᑎᒥᑦᑎᓐᓄᑦ ᐊᓐᓇᐅᒪᔾᔪᑎᖃᑦᑎᐊᖁᓂᐊᕋᑦᑕ. ᑖᔅᓱᑐᓇᖅ ᖁᓪᓕᖅᑐᑦ, ᐅᓇ ᖃᓇᓴᐅᔭᖃᖁᕕᒃ ᐃᑲᔪᖁᓂᐊᖅᑐᖅ ᑐᑭᓯᑎᑦᑎᓗᓂ, ᐃᓄᒃᑎᑐᑦ, ᐱᒻᒪᕆᐅᓂᖏᓐᓂ ᐸᖁᑦᑎᐊᕆᐊᖃᕋᑦᑕ ᐅᕙᑦᑎᓐᓂᒃ, ᐃᓚᑦᑎᓐᓂᒃ ᐊᒻᒪᓗ ᓄᓇᓕᑦᑎᓐᓂᒃ. ᐅᖃᖃᑎᒌᒍᑎᒋᓗᒋᑦ ᐋᓐᓂᐊᓇᖅᑐᑦ ᑕᐃᒪᓗ ᐃᓕᑦᑎᒃᑲᓐᓂᖁᓂᐊᕋᑦᑕ ᐊᒻᒪᓗ ᐃᑲᔪᖅᑕᐅᔪᒪᓗᑕ, ᐱᓗᐊᖅᑐᒥᒃ ᑕᒪᑐᒥᖓ ᐅᖃᐅᓯᕆᔭᕆᐊᒃᓴᖅ ᐱᔭᖁᓂᖅᐸᓐᖏᑦᑐᒥᒃ.

ᐱᒋᐊᖁᓂᖓ

- ᑎᖑᒡᓗᖕᓂᖅ B ᐅᓇ ᖁᐱᖁᐊᖁᔪᒃ ᓱᕋᑦᑎᓲᖅ ᑎᖑᖕᒥᒃ. ᓱᖁᑎᒋᓐᖏᒃᑯᖕᓂ ᒪᒥᓴᖅᑕᐅᑎᓐᖏᓪᓗᒍ, ᑎᖑᒡᓗᖕᓂᖅ B ᐊᒃᓱᐋᓗᒃ ᐊᓐᓂᐊᓕᕈᑎᒋᔪᓐᓇᖅᑕᐃᑦ ᑎᖑᖕᓂᒃ, ᑎᖑᒃᑯᑦ ᑳᓐᓱᑖᖁᓗᑎᑦ ᐊᒻᒪᓗ ᑐᖁᔅᓕᓗᑎᑦ.
- ᑕᒪᖁᒥᐸᓗᒃ ᐃᓐᓇᐃᑦ ᑎᖑᒡᓗᒃᑐᑦ B-ᒥᒃ ᐊᓐᓇᒍᓐᓇᖅᑐᑦ ᓇᖕᒥᓂᖅ ᐃᒻᒥᓂᒃ, ᑭᓯᐊᓂ ᐊᓐᓇᒍᓐᓇᓐᖏᓂᖅᓴᐅᔪᑦ ᓄᑕᕋᓛᑦ ᐊᒻᒪᓗ ᓄᑕᖃᑦ.
- ᑐᓴᕈᒥᓇᖅᑐᖅ ᑐᓴᒐᒃᓴᖅ ᐸᖁᑦᑎᐊᖅᓱᑎᒃ ᐃᒻᒥᖕᓂᒃ, ᐃᓄᐃᑦ ᑎᖑᒡᓗᒃᑐᑦ B-ᒥᒃ ᐊᑯᓂᐋᓗᒃ ᐃᓅᔪᓐᓇᖅᑐᑦ ᐊᒻᒪᓗ ᖃᓄᐃᖏᑦᑎᐊᖅᓱᑎᒃ ᐃᓅᓯᕐᒥᖕᓂ!
- ᑎᖑᒡᓗᒃᑐᑦ B-ᒥᒃ ᑎᒥᒍᓲᖅ ᖁᐱᖁᐊᖁᔪᒃ ᑎᒥᐅᑉ ᐃᒪᖏᑦᑎᒍᑦ ᓱᖅᓗ ᐊᐅᒃ, ᖃᐳᒃ, ᐅᕝᕙᓘᓐᓃᑦ ᐅᑦᑑᑉ ᒪᖁᐊ ᐃᓄᖕᓂᑦ ᑎᖑᒡᓗᒃᑐᑦ B-ᒥᒃ ᐃᓱᕈᑎ ᐃᓅᑉ

Qulliq is an Inuit oil lamp that heats our bodies to maintain a healthy immune system. Just like the qulliq, this website helps us understand, in Inuktitut, the importance of taking care of ourselves, our families and our communities. We discuss these health issues so that we can all learn more and seek help, especially when it is not easy to talk about.

Introduction

- Hepatitis B is a virus that attacks the liver. When left untreated, hepatitis B can lead to serious health problems such as liver failure, liver cancer and early death.
- Most adults who get hepatitis B can recover from it on their own, but this is less likely for babies and children.
- The good news is that with care, people with hepatitis B can live long and healthy lives!
- Hepatitis B is passed when the virus in bodily fluids such as blood, semen or vaginal fluid from a person with hepatitis B enters another person's body.

ᑎᒥᐊᓄᑦ.

- ᑲᐱᔭᐅᓗᑎᒃ ᐃᓅᓕᓴᐅᑎᓕᖕᒥᒃ ᑎᖑᓪᓗᒃᑐᑦ B-ᒧᑦ ᐱᐅᓂᖅᐹᖅ ᑎᖑᓪᓗᒃᑐᑦ B-ᒥᒃ ᐱᑖᕐᓂᐊᓐᖕᒋᓐᓇᕕᑦ. ᑕᐃᒪᓗ ᐊᒥᓱᓂᒃ ᐊᓯᖕᒋᓐᓂᒃ ᐊᑑᑎᖃᖅᑐᓂᒃ ᐊᑐᕈᓐᓇᖅᑐᑦ ᐱᑎᑕᐅᓂᐊᓐᖕᒋᒻᒪᑕ ᐅᕝᕙᓘᓐᓃᑦ ᐊᐃᑦᑐᖅᓯᓂᐊᓐᖕᒋᒻᒪᑕ ᐊᓯᒥᖕᓂᒃ ᑎᖑᓪᓗᒃᑐᑦ B-ᒥᒃ

- ᖃᐅᔨᔪᓐᓇᖅᑐᑎᑦ ᑭᓯᐊᓂ ᑎᖑᓪᓗᒃᑯᕕᑦ B-ᒥᒃ ᖃᐅᔨᓴᖅᑕᐅᓗᑎᑦ.

ᐅᖃᓕᒫᕐᓗᒋᑦ ᑭᐅᔾᔪᑕᐅᔪᑦ ᐊᐱᕐᑯᑕᐅᒐᔪᒃᑐᓂᑦ ᐱᔾᔪᑎᒋᓪᓗᒍ ᑎᖑᓪᓗᖕᓂᖅ B.

ᑭᓱᕙ ᑎᖑᓪᓗᖕᓂᖅ B?

ᑎᖑᓪᓗᖕᓂᖅ B ᖁᐱᕐᕈᐊᕐᔪᒃ ᓱᕋᑦᑎᓱᖅ ᑎᖑᖕᒥᒃ, ᐅᓇ ᑎᒥᐅᑉ ᐊᐅᓚᔾᔪᑎᖓ ᐊᑑᑎᖃᖅᑐᖅ ᐊᒥᓱᓂᒃ ᐱᒻᒪᕆᐅᔪᓂᒃ ᑎᒥᒧᑦ. ᑎᖑᒃ ᐱᒻᒪᕆᐅᕗᖅ ᖃᓄᐃᖕᒋᑦᑎᐊᕆᐊᖃᕐᓂᖓ ᐃᓗᓯᖃᑦᑎᐊᕐᓂᐊᕐᓗᓂ.

ᑕᒪᕐᒥᐸᓗᒃ ᐃᓐᓇᐃᑦ ᑎᖑᓪᓗᒃᑐᑦ B-ᒥᒃ ᐊᓐᓇᒍᓐᓇᖅᑐᑦ ᓇᖕᒥᓂᖅ ᐃᒻᒥᓂᒃ, ᑭᓯᐊᓂ ᐊᓐᓇᒍᓐᓇᓐᖕᒋᓂᖅᓴᐅᔪᑦ ᓄᑕᕋᓛᑦ ᐊᒻᒪᓗ ᓄᑕᖃᑦ. ᑕᐃᒪᓗ ᐃᓄᒃ ᐊᓐᓇᒃᓯᒪᒍᓂ ᑕᒪᑐᒪᖓᑦ ᑎᖑᓪᓗᒃᑐᑦ B-ᒥᒃ, ᓱᕋᖃᓐᓂᕈᓐᓇᐃᓕᓱᑦ, ᑐᑭᖃᖅᑐᖅ ᐱᒃᑲᓐᓂᓚᐅᖅᓯᒪᔾᕈᓐᓃᖅᑕᖓ ᑎᒥᖓᑕ.

ᑕᐃᒪᓕ ᒪᒥᑦᑐᓐᓇᓐᖕᒋᒃᑯᓂ, ᑖᓐᓇ ᖁᐱᕐᕈᐊᕐᔪᒃ ᑎᒥᒃᓃᑦᑐᓐᓇᖅᑐᖅ ᐊᑯᓂᐋᓗᒃ. ᐅᓇ ᓱᕋᑦᑎᔪᓐᓇᖅᑐᖅ ᑎᖑᖕᒥ ᐊᑯᓂᐅᔪᒃᑯᑦ ᐊᒻᒪᓗ ᑎᑭᐅᑎᔪᓐᓇᖅᑐᑎᑦ ᐊᒃᓱᐊᓘᖅᑐᒥᒃ ᐋᓐᓂᐊᖃᑦᑕᕐᓗᑎᑦ ᓱᕐᓗ ᑎᖑᐃᑦ ᐊᔪᓕᕐᓗᓂ, ᑎᖑᐃᑦ ᑳᓐᓱᖃᓕᕐᓗᓂ ᐊᒻᒪᓗ ᑐᖁᓵᓕᓗᑎᑦ.

- Getting vaccinated for hepatitis B is one of the best ways to prevent getting hepatitis B. There are many other effective ways to prevent getting or passing hepatitis B.

- The only way to know if you have hepatitis B is to get tested.

Read on for answers to common questions about hepatitis B.

What is hepatitis B?

Hepatitis B is a virus that attacks the liver, an organ that performs many important functions for the body. The liver is essential to good health.

Most adults who get hepatitis B can recover from it on their own without needing treatment. Babies and children are less likely to recover on their own. Once someone has recovered from hepatitis B, they are immune, meaning they can never get it again.

For those who do not recover, the virus stays in the body for a long time. This can injure the liver over time and lead to serious health problems like liver failure, liver cancer and early death. The good news is that with proper care, people with hepatitis B can live long and healthy lives.

ᑐᓴᕈᒥᓇᖅᐳᖅ ᐸᕿᑦᑎᐊᕈᕕᑦ ᐃᓕᖕᓂᒃ, ᐃᓄᐃᑦ ᑎᖑᓪᓗᒃᑐᑦ B-ᒥᒃ ᐊᑯᓂᐋᓗᒃ ᐃᓅᔪᓐᓇᖅᑐᑦ ᐊᒻᒪᓗ ᖃᓄᐃᖕᒋᑦᑎᐊᕐᓗᑎᒃ ᐃᓅᓯᖃᕐᓗᑎᒃ.

ᖃᓄᖅ ᑎᖑᓪᓗᓕᓲᖑᕙᑦ B-ᒥᒃ ᐊᒻᒪᓗ ᖃᓄᖅ ᓴᐳᑎᓯᒪᔪᓐᓇᕋᕕᑦ?

ᑎᖑᓪᓗᖕᓂᖅ B ᐊᐃᑦᑐᖅᑕᐅᓲᑦ ᐃᓅᖃᑎᒥᖕᓄᑦ ᐊᐅᒃᑯᑦ, ᖃᐸᒃᑯᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐅᑦᑐᒃ ᒪᕿᐊᒍᑦ ᐃᓄᖕᒥᑦ ᑎᖑᓪᓗᒃᑐᖅ B-ᒥᒃ ᐃᓯᕈᓂ ᐃᓅᑉ ᑎᒥᐊᓄᑦ. ᑲᓇᑕᒥ, ᐊᒥᓱᑦ ᐃᓄᐃᑦ ᑲᐱᔭᐅᓯᒪᔪᑦ ᐃᓅᓕᓴᐅᑎᖓᓂᑦ ᑎᖑᓪᓗᖕᓂᖅ B, ᑐᑭᖃᖅᑐᖅ ᐊᓐᓇᐅᒪᔾᔪᑎᖃᕐᒪᑕ ᐊᒻᒪᓗ ᑎᖑᓪᓗᖕᓂᖅ B ᐱᑖᕈᓐᓇᐃᓕᔪᑦ.

ᑖᒃᑯᓄᖓ ᐃᓄᖕᓄᑦ, ᐊᓐᓇᐅᒪᔾᔪᑎᖃᓐᖕᒋᑦᑐᓄᑦ, ᑎᖑᓪᓗᖕᓂᖅ B ᐊᐃᑦᑐᖅᑕᐅᓲᖅ ᑕᒪᐅᓐᓇ ᐊᑐᓐᖕᒋᑦᑐᑦ ᐅᓲᑉ ᐆᖓᓂᒃ ᑯᔭᒃᓱᑎᒃ ᐊᒻᒪᓗ ᐊᑐᖅᓯᔪᑦ ᑖᔅᓱᒥᖓᑦᑕᐃᓐᓇᖅ ᑲᐳᑎᒥᒃ ᐊᖓᔫᕐᔫᑎᒋᓪᓗᒍ, ᐱᓗᐊᖅᑐᒥᒃ ᑲᐳᑎᓄᑦ ᐊᑐᖅᑕᓲᑦ ᑭᓱᑐᐃᓐᓇᕐᓂᑦ. ᑎᖑᓪᓗᖕᓂᖅ B ᐊᐃᑦᑑᑕᐅᔪᓐᓇᕐᒥᔪᖅ ᐊᑖᑕᒥᑦ ᐊᓈᓇᒥᑦ ᓄᑕᕋᒥᓄᑦ ᓄᑕᕋᖅᑖᕆᔅᓗᒍ, ᐊᕙᑖᓂᑦ ᐃᒡᓄᖃᑎᖕᒋᓐᓂᑦ ᐊᓯᒥᓄᑦ ᐊᒃᑐᖅᑕᐅᓯᒪᔭᕇᖅᑐᖅ ᐊᐅᒃᑯᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓅᑉ ᒪᕿᖕᒋᑦᑎᒍᑦ. (ᓱᕐᓗ, ᑎᒥᒥᖕᓄᑦ ᐊᑐᓲᕐᒥᖕᓂᒃ ᓱᕐᓗ ᐅᖕᖕᒋᔭᐅᑎᑦ, ᑯᑮᔭᐅᑎᑦ ᐊᒻᒪᓗ ᑭᒍᑎᓯᐅᑎᑦ), ᐅᕝᕙᓘᓐᓃᑦ ᑖᒃᑯᓂᖕᒐᑦᑕᐃᓐᓇᖅ ᐊᑐᖅᓯᒃᑲᓐᓂᖅᑐᑦ ᑲᑭᓪᓗᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ᑎᒥᒧᑦ ᐳᑑᕈᑎᑦ.

ᑎᖑᓪᓗᖕᓂᖅ B ᐊᐅᖕᒋᖅᓱᖅᑕᐅᔪᓄᑦ ᑐᓂᔭᐅᕙᒍᓐᓃᖅᑐᖅ ᐅᕝᕙᓘᓐᓃᑦ ᑕᖕᒋᖕᒋᑦ ᑲᓇᑕᒥ. ᑲᓇᑕ ᐱᒋᐊᓚᐅᖅᑐᖅ ᖃᐅᔨᓴᖃᑦᑕᖅᓗᑎᒃ ᑐᓐᓂᕐᑯᑕᐅᔪᓂᒃ ᐃᑲᔫᑎᓂᒃ ᐊᐅᖕᓂ ᐊᒻᒪᓗ ᑕᖕᒋᕐᓂᒃ ᐱᑲᑕᖃᕐᒪᖔᑦ ᑎᖑᓪᓗᖕᓂᖅ B 1972-ᒥ.

How does someone get hepatitis B and how can this be prevented?

Hepatitis B is passed when the virus in bodily fluids such as blood, semen or vaginal fluid from a person with hepatitis B enters another person's body. In Canada, many people have been vaccinated against hepatitis B, which means they have immunity and cannot get hepatitis B.

For those who are not immune, hepatitis B is passed through condomless sex and through sharing drug use equipment, especially injection drug use equipment. Hepatitis B may also be passed from a parent to a child during childbirth, between household members through direct contact with blood or other bodily fluids (e.g., sharing personal care items like razors, nail clippers and toothbrushes), or through reusing unsterilized tattooing or body piercing equipment.

Hepatitis B is no longer passed through donated blood or tissue in Canada. Canada started testing donated blood and tissue for hepatitis B in 1972.

Hepatitis B is not passed by hugging, touching or kissing or by sharing utensils with someone who has the virus.

There are many ways to prevent hepatitis B:

ᑎᖑᓪᓗᖕᓂᖅ B ᐊᐃᑦᑑᑕᐅᔪᓐᓇᓐᖏᑦᑐᖅ ᐃᕿᑦᑎᒍᓂ, ᑯᓂᒃᓯᒍᓂ ᐅᕝᕙᓘᓐᓃᑦ ᐊᒃᑐᖅᓯᒍᓂ ᐊᓗᑎᒥᑦ ᑲᑭᐊᖕᓂᒡᓗ ᑎᖑᓪᓗᒃᑐᒥᒃ.

ᑕᐃᒪᓗ ᐊᒥᓲᔪᑦ ᑎᖑᓪᓗᓕᖅᑕᐃᓕᑎᑦᑎᔾᔪᑎᒃᓴᑦ B-ᒥᒃ:

- ᑲᐱᔭᐅᓗᑎᑦ ᐃᓅᓕᓴᐅᑎᖓᓂᒃ ᑎᖑᓪᓗᖕᓂᖅ B.
- ᑲᐱᖃᑦᑕᕈᕕᑦ ᐋᖓᔮᕈᑎᒥᒃ, ᐊᑐᖅᑕᐅᔪᕕᓂᕐᒥᒃ ᐊᑐᖅᓯᑦᑕᐃᓕᓗᑎᑦ ᓄᑖᒥᒃ ᑲᔅᑎᒥᒃ ᐊᑐᖃᑦᑕᕐᓗᑎᒃ ᐊᑐᓂ ᑲᐱᓂᓕᒫᑦ.
- ᓱᔅᖅᑐᖃᑦᑕᕈᕕᑦ ᐅᕝᕙᓘᓐᓃᑦ ᕿᖓᒃᑯᑦ ᐊᖓᔮᕐᓗᖃᑦᑕᕈᕕᑦ, ᐊᑐᖅᓯᑦᑕᐃᓕᓗᑎᑦ ᐊᑐᖅᑕᐅᔪᕕᓂᕐᓂᒃ ᑕᐃᒪᖓᓕᒫᖅ ᓱᔅᖅᑐᑕᐅᔪᕕᓂᖅ ᐱᑦᑕᐃᓕᓗᒍ ᐅᕝᕙᓘᓐᓃᑦ ᑭᖓᒃᑰᕈᑎᕕᓂᖅ ᐊᑐᖅᑕᐅᓕᓗᒍ.
- ᐊᑎᓯᖃᑦᑕᕐᓗᑎᑦ ᐅᓲᑉ ᐳᖓᓂᒃ ᑕᒪᖓᓕᒫᖅ ᑯᔭᖕᓂᐊᓕᕌᖓᕕᑦ.
- ᖃᐅᔨᓴᖅᑕᐅᓗᑎᑦ ᑎᖑᓪᓗᖕᒪᖔᖅᐱᑦ B-ᒥᒃ ᓯᖓᐃᓗᑎᑦ. ᐱᖃᕈᕕᑦ ᑎᖑᓪᓗᖕᓂᖅ B, ᐊᑑᑎᓕᖕᓂᒃ ᒪᒥᓴᐅᑎᖃᕐᓗᑎᒃ ᓯᖓᐃᓂᓕᒫᕐᓂ ᐊᒻᒪᓗ ᓄᑕᕋᒃᓴᐃᑦ ᐸᕿᔭᐅᑦᑎᐊᕐᓗᓂ, ᐃᓚᒋᔭᐅᓗᓂ ᑲᐱᔭᐅᓗᓂ ᐃᓅᓕᓴᐅᑎᒥᒃ ᐃᓅᑐᐊᕈᓂ, ᐊᑦᑕᕐᓇᖅᑐᒦᓕᕐᓂᐊᓐᖏᒻᒪᑦ ᐊᐃᑦᑐᕐᓂᐊᓐᖏᓐᓇᖕᓂᒃ ᑎᖑᓪᓗᖕᓂᖅ B ᓄᑕᕋᓛᑦ.
- ᑕᐃᒪᓗ ᒫᓐᓇᓵᖅ ᐊᐃᑦᑐᕐᓗᒃᑕᐅᓐᓂᕈᕕᑦ ᑎᖑᓪᓗᖕᓂᖅ B, ᐋᓐᓂᐊᕕᓕᐊᕐᓗᑎᑦ
- Get vaccinated for hepatitis B.
- If you inject drugs, avoid sharing by using new equipment every time you inject.
- If you smoke or snort drugs, avoid sharing by using your own equipment every time you smoke or snort.
- Use condoms the right way each time you have sex.
- Get tested for hepatitis B during pregnancy. If you have hepatitis B, take effective treatment throughout your pregnancy and ensure your baby receives proper care, including a vaccine at birth, to reduce the risk of passing hepatitis B to your baby.
- If you may have recently been exposed to hepatitis B, seek medical care to access PEP (post-exposure prophylaxis). Ideally, you should start PEP for hepatitis B within 48 hours of exposure.

How do I know if I have hepatitis B?

Most people who have hepatitis B do not have any symptoms for many years, even though the virus is active and injuring their liver. **You can have hepatitis B and**

ᐃᓅᓕᓴᖅᑕᐅᓂᐊᕋᕕᑦ
ᑭᖑᓂᐊᒍᑦ-ᐊᐃᑦᑐᖅᑕᐅᓚᐅᕐᓗᑎᑦ.
ᐊᑐᓯᒋᐊᕐᓗᒋᑦ ᐃᓅᓕᓴᐅᑎ ᐃᓗᐊᓂ 48
ᐃᑲᕋᑦ ᐊᐃᑦᑐᖅᑕᐅᓚᐅᖅᑎᓪᓗᑎᑦ.

ᖃᓄᖅ ᖃᐅᔨᓯᓐᓇᖅᐳᖓ ᑎᖑᒡᓗᖕᒪᖔᕐᒪ B-ᒥᒃ?

ᑕᒪᕐᒥᐸᓗᒃ ᐃᓄᐃᑦ ᑎᖑᒡᓗᒃᑐᑦ B-ᒥᒃ ᖃᐅᔨᒪᓲᖑᓐᖏᑦᑐᑦ ᐊᒥᓱᓄᑦ ᐊᕐᕌᒍᓄᑦ, ᑕᐃᒫᒃ ᑎᖑᒡᓗᑲᓗᐊᕈᑎᒃ ᐊᒻᒪᓗ ᐋᓐᓂᖅᓯᒪᒐᓗᐊᕈᓂ ᑎᖑᐊ. ᑎᖑᒡᓗᒃᑯᕕᑦ **B-**ᒥᒃ ᖃᐅᔨᒪᒐᔭᓐᖏᑦᑐᑎᑦ.

ᖃᐅᔨᓯᓐᓇᖅᑐᑎᑦ ᑭᓯᐊᓂ ᑎᖑᒡᓗᖕᓂᖅ B-ᒥᒃ ᖃᐅᔨᓴᖅᑕᐅᒍᕕᑦ.

ᐊᐱᕆᓗᒍ ᐋᓐᓂᐊᓯᐅᖅᑎ ᑎᖑᒡᓗᖕᓂᖅ B-ᒧᑦ ᖃᐅᔨᓴᖅᑕᐅᔪᒪᓗᑎᑦ. ᖃᐅᔨᓴᖅᑕᐅᓗᑎᑦᑕᐅᖅ ᕕᑏᖃᕐᒪᖔᖅᐱᑦ ᓴᖕᖏᓂᖅᓴᓂᒃ, ᑯᔭᒃᑕᐅᓂᒃᑯᑦ ᖁᐱᕐᓇᑕᐅᓯᒪᖕᒪᖔᖅᐱᑦᑕᐅᖅ, ᑎᖑᒡᓗᖕᓇᖅᑐᖅ ᐃᑎᒃᑯᑦ ᐊᐅᒃᑯᓪᓗ C, ᐊᓐᓇᐅᒪᔾᔪᑎᑭᓗᐊᕐᓂᖅ ᐊᒻᒪᓗ ᓯᕕᓕᓴ.

ᑎᖑᒡᓗᖕᓂᖅ B ᒪᒥᑦᑐᓐᓇᖅᐹ?

ᒪᒥᑎᑕᐅᔨᓐᓇᓐᖏᑦᑐᖅ ᑎᖑᒡᓗᖕᓂᖅ B, ᑭᓯᐊᓂ ᑕᒪᕐᒥᒃ ᐃᓐᓇᐃᑦ ᐊᓐᓇᒃᐸᒃᑐᑦ ᓇᖕᒥᓂᖅ ᒪᒥᓴᖅᑕᐅᓐᖏᓪᓗᑎᒃ.

ᑕᐃᒪᓐᓇᐅᒐᓗᐊᖅᑎᓪᓗᒍ, ᐃᓚᖕᒋᑦ ᐃᓄᐃᑦ - ᐱᓗᐊᖅᑐᒥᒃ ᐱᑖᕐᓂᑯᑦ ᒪᒃᑯᒃᓱᑎᒃ --ᒪᒥᑦᑐᓐᓇᓐᖏᑦᑐᓂᒃ ᑎᖑᒡᓗᓲᑦ B-ᒥᒃ. ᑖᒃᑯᐊ ᑕᐃᒪᐃᓕᖕᒐᓕᖅᑐᑦ ᒪᒥᑦᑐᓐᓇᓐᖏᓪᓗᑎᒃ, ᑎᖑᒡᓗᒃᑐᑦ B-ᒥᒃ ᒪᒥᓴᐅᑎᖃᖅᑐᑦ ᐊᑐᐃᓐᓇᐅᔨᑦ ᐱᕙᓪᓕᐊᓕᕐᓂᐊᓐᖏᒻᒪᑕ ᖁᐱᕈᖅ. ᐸᕿᑦᑎᐊᖅᓱᑎᒃ ᐃᒻᒥᖕᓂᒃ, ᐃᓄᐃᑦ ᑎᖑᒡᓗᒃᑐᑦ B-ᒥᒃ ᐊᑯᓂᐋᓗᒃ ᐃᓅᔨᓐᓇᖅᑐᑦ ᐊᒻᒪᓗ

not know it.

The only way to know if you have hepatitis B is to get tested.

Ask a healthcare provider for a hepatitis B test. You may want to also get tested for other infections at the same time, like gonorrhea, chlamydia, hepatitis C, HIV and syphilis.

Can hepatitis B be cured?

There is no cure for hepatitis B, but most adults who get it recover on their own without needing treatment.

However, some people — especially those who get it when they are young —— develop chronic hepatitis B. For those who develop a chronic infection, hepatitis B treatment is available to keep the virus under control. With proper care, people with hepatitis B can live long and healthy lives.

If you have hepatitis B, speak to a healthcare provider about your treatment options.

Can you pass hepatitis B on to your child?

Hepatitis B can be passed from a parent to their child during childbirth or during childhood. Babies and children are more likely to develop chronic hepatitis B

ᖃᓄᐃᖏᑦᑎᐊᕐᓗᑎᒃ ᐃᓅᓯᕐᒥᖕᓂ.

ᑕᐃᒪᓕ ᑎᖑᒡᓗᒃᑯᕕᑦ B-ᒥᒃ, ᐅᖃᓪᓚᒃᕕᒋᓗᒍ ᐋᓐᓂᐊᓯᐅᖅᑎ ᒪᒥᓴᖅᑕᐅᔾᔪᑎᒃᓴᕐᓂᒃ ᓂᕈᐊᖅᓯᒪᓂᐊᕋᕕᑦ.

ᐊᐃᑦᑑᑕᐅᔪᓐᓇᖅᐸ ᑎᖑᒡᓗᖕᓂᖅ B ᓄᑕᕋᓛᓐᓄᑦ?

ᑎᖑᒡᓗᖕᓂᖅ B ᐊᐃᑦᑑᑕᐅᔪᓐᓇᖅᑐᖅ ᐊᑖᑕᖓᓂᑦ ᐊᓈᓇᖓᓂᑦ ᓄᑕᕋᖅᑖᖓᓄᑦ ᐃᕐᓂᓱᒃᑎᓪᓗᒍ ᐅᕝᕙᓘᓐᓃᑦ ᓄᑕᕋᓛᖑᓂᖓᓂᑦ. ᓄᑕᕋᓛᑦ ᐊᒻᒪᓗ ᓄᑕᖃᑦ ᒪᒥᑦᑐᓐᓇᓐᖏᑦᑐᒥᒃ ᑎᖑᒡᓗᖕᓂᖅ B-ᒥᒃ ᐋᓐᓂᐊᖅᑖᕈᓐᓇᖅᑐᑦ, ᐅᑯᐊᓗ ᐊᒃᓯᐊᓘᖅᑐᒥᒃ ᑎᖑᐊ-ᐱᓯᒪᔪᑦ ᐋᓐᓂᐊᖃᑦᑕᕐᓗᑎᒃ ᐊᒻᒪᓗ ᑐᕐᑯᔾᔪᑎᒋᓗᒍ. ᒪᒥᓴᖅᓱᒍ ᓯᖓᐃᔪᖅ ᐊᓈᓇ ᐊᒻᒪᓗ ᓄᑕᕋᓛᖅ ᖃᓄᐃᖏᑦᑎᐊᕋᓗᐊᕐᒪᖔᑦ ᑲᒪᒋᓗᒋᑦ, ᐃᓚᒋᔭᐅᓗᓂ ᑲᐱᔭᐅᓗᓂ ᐃᓅᓕᓴᐅᑎᖓᓂᒃ ᐃᓅᑐᐊᖅᐸᑦ, ᐊᑦᑎᒃᓯᓯᒪᑎᑦᑎᓂᐊᖅᑐᖅ ᐊᑦᑕᕐᓇᖅᑐᒦᑎᑕᐅᒐᔭᕐᓂᖓ ᐊᐃᑦᑐᖅᑕᐅᓗᓂ ᑎᖑᒡᓗᖕᓂᖅ B. ᐊᑦᑕᕐᓇᖅᑐᖃᖅᑐᖅ ᐊᐃᑦᑐᐃᔭᕆᐊᒃᓴᖅ ᑎᖑᒡᓗᖕᓂᖅ B ᐃᕕᐊᖏᕐᒥᑦ ᐊᒫᒪᒃᑕᖓᓂᑦ ᑕᐃᒪᓗ ᓄᑕᕋᓛᖅ ᖃᐱᔭᐅᓯᒪᓗᓂ ᐃᓅᓕᓴᐅᑎᒥᒃ ᐊᒻᒪᓗ ᐸᕿᔭᐅᑦᑎᐊᖅᓯᒪᓗᓂ.

ᓯᖓᐃᒍᕕᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓱᒪᒍᕕᑦ ᓯᖓᐃᔪᒪᓗᑎᑦ, ᖃᐅᔨᓴᖅᑕᐅᒋᑦ ᑎᖑᒡᓗᖕᓂᖅ B-ᒥᒃ. ᑕᐃᒪᓗ ᐱᑕᖃᕈᕕᑦ, ᐅᖃᓪᓚᒡᕕᒋᓗᒍ ᓗᒃᑖᖅ ᖃᐅᔨᑎᑦᑎᓂᐊᕐᒪᑦ ᐊᑦᑎᒃᓯᓯᒪᑎᑦᑎᔪᓐᓇᕐᓂᕐᒥᒃ ᐊᑦᑕᕐᓇᖅᑑᓂᖓ ᐊᐃᑦᑐᐃᔭᕆᐊᒃᓴᖅ ᑎᖑᒡᓗᖕᓂᖅ B ᓄᑕᕋᓛᕐᓄᑦ.

ᑎᖑᒡᓗᒃᑯᒪ B-ᒥᒃ ᑭᒃᑯᓂᑦ ᐱᔨᑦᑎᕋᖅᑕᐅᔪᓐᓇᕋᒪ?

infections, which can lead to serious liver-related complications and death. Treating the pregnant parent during pregnancy and making sure the baby receives proper care, including a vaccine at birth, can greatly reduce the risk of passing on hepatitis B. There is no risk of passing hepatitis B through breastfeeding/chestfeeding if the baby has been vaccinated and receives proper care.

If you are pregnant or thinking of becoming pregnant, get tested for hepatitis B. If you test positive, talk with your doctor about options to reduce the risk of passing hepatitis B to your baby.

Where can I get hepatitis B services?

- Speak to a healthcare provider about hepatitis B testing or to receive care for hepatitis B.
- Find hepatitis B services in your area at https://whereto.catie.ca.

- ᐅᖃᑦᓚᖃᑎᒋᓗᒍ ᐋᓐᓂᐊᓯᐅᖅᑎ ᐱᔾᔪᑎᒋᓗᒍ ᑎᖑᒡᓗᖕᓂᖅ B ᖃᐅᔨᓴᖅᑕᐅᓗᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ᒪᒥᓴᖅᑕᐅᓗᑎᑦ ᐊᒻᒪᓗ ᐸᕿᔭᐅᓗᑎᑦ ᑎᖑᒡᓗᒃᑐᖅᓯᐅᑎᓄᑦ B-ᒥᒃ.
- ᓇᓂᔪᓐᓇᖅᑕᑎᑦ ᑎᖑᒡᓗᖕᓂᕐᒧᑦ B-ᒧᑦ ᐱᔨᑦᑎᕋᐅᑎᑦ ᓄᓇᓯ ᖃᓂᒋᔭᖕᒐᓃᑦᑐᑦ https://whereto.catie.ca.